



Newsletter

Heber Primary School

Heber Road, London, SE22 9LA

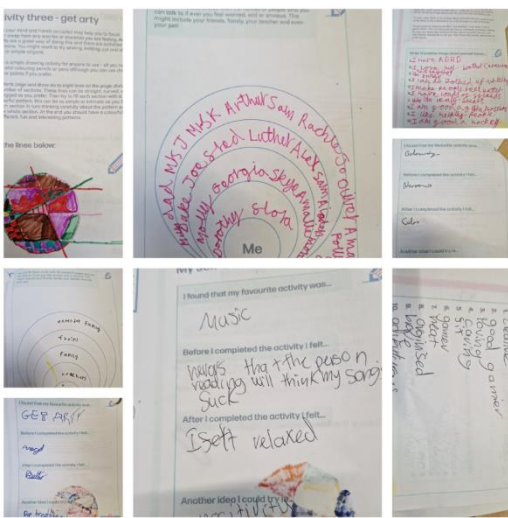
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Mental Health Awareness Week

Issue number: 19 Friday 23rd February 2024

This year's theme was 'My Voice Matters'. The week kicked off with an assembly for KS1 and workshops for KS2 on resilience delivered by NEST. Through games and discussion, the children learnt the importance of being resilient not only in their learning but also emotionally. Every year group took part in a variety of activities that encouraged the children to be aware of their mental wellbeing, listen to their emotions and recognise who they could talk to in school if they needed to. Year 5 and Year 2 tried a variety of well-being activities to see which they felt benefited them the most.



Heber Eco Committee Clothes Swap

Heber Eco Committee will be holding a Clothes Swap on Friday 22nd March in the Lordship Lane playground (under the shelter) from 15:30 until 16:15.

Why are we doing this?

92 million tonnes of clothing waste are sent to landfill every year and between 80 and 100 billion new items of clothing are produced every year globally. We are doing a clothes swap because we don't want our clothes to go to waste, instead we want to give them new homes.

Items will be limited to jumpers, coats, t-shirts/shirts, trousers and shoes. Number of items you can donate is limited to **4 items per child enrolled at Heber** so that we don't have a huge surplus (this may change depending on how many clothes are collected in the weeks prior). Any clothes left at the end will be given to Get Rid of and Donate. Please ensure that clothes are of a decent quality and clean!

Join us Friday 22nd March, 15:30 – 16:15, in the Lordship Lane playground to get some pre-loved garments and give your wardrobe a makeover whilst helping the planet!

Please bring any donations to the bench downstairs of the school office and place in the appropriate areas that are grouped by size. To avoid the school being overwhelmed, please gather donations together at home and bring in from March 4th, the final collection day will be Wednesday 20th March.



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P&F Date for The Diary

HEBER SCHOOL DISCO – Friday 15th March, Reception, Years 1&2: 4.30-5.15pm; Years 3-6: 5.45-6.45pm

We're delighted to announce that this year's school discos will be taking place on Friday 15th March. Letters will be going out in school bags very soon detailing payment details, and including permission slips, which will need returning to school. There'll be a DJ and dancemaster to get the party started and those who want a break from the dancefloor can hang out in the chillout room where they can colour and get themselves a tattoo. Date in the diary please and get your kids working on their moves!

Music Stars

In music this week, Year 1 chose actions to represent different instruments, then used the actions to show their classmates which instrument they would like them to play. For example, when they wanted to hear the wooden claves, they would pretend to knock on a door. Year 2 played different melodies using Soh, Mi and Lah, working together as a group by playing one note each. This term, KS2 are all starting to learn an instrument. Year 3 have recorder lessons every Thursday. This week, they learned how to read notation from the treble clef stave. They started learning a Lullaby, using the notes B, A and G. Year 4 have started to learn their first piece of music using the Djembes and have perfected playing in call and response. Year 5 successfully played in two part harmony with the steel pans this week and have continued learning the Day-O Boat Song. Year 6 learned all about the 12 bar blues and successfully played it on the ukulele.

Each week Miss Grace chooses two music stars from each class. Well done to all the music stars this week and last week!

- | | | |
|-------------------------------------|-----------------------------------|------------------------------------|
| 1C – Jack S, Elodie, Damilola, John | 1V – Alice, Willow, Arielle, Adam | 2JP – Olivia, Farah, Magnus, Eliza |
| 2H – Nathan, Ronja, Lydia, Jimmy | 3N – Eliza, Sebastian, Kira, Luca | 3W – Anna, Olivia, Arthur, Adam |
| 4LC – Max, Isabel, Sadie, Sam | 4S – Luka, Ainhua, Edie, Jonas | 5K – Dorothy, Kornel, Amir, Molly |
| 5G – Melody Nancy, Haroon, Harrison | | |

*This term, Year 6 are competing in teams to win house points, so there won't be any music stars.

Stars of the Week

Congratulations to the following children who were chosen as the Star of the Week for demonstrating our school values this week:

- | | | | |
|-----|----------|-----|--------|
| RH | Millie | RP | Aarian |
| 1C | Jack S | 1V | Earl |
| 2H | Florence | 2JP | Ettie |
| 3N | Samir | 3W | Dylan |
| 4LC | Hannah | 4S | Oscar |
| 5G | Jack C | 5K | Fred |
| 6A | Taliyha | 6F | Jamie |

Academic Excellence Awards

This week in our Merit Assembly we celebrated the successes of a child from each class, who excelled in their learning and produced some outstanding work. Well done to the following children:

- | | | | |
|-----|--------------|-----|-----------|
| RH | Margot | RP | Iris |
| 1C | Sofia | 1V | Alice |
| 2H | Hettie & Noa | 2JP | Cataleya |
| 3N | Rafferty | 3W | Talya |
| 4LC | Evie | 4S | Jonas |
| 5G | Heidi | 5K | Sisi |
| 6A | Janet | 6F | Annabelle |



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Heber Cricket Club. Who's in?





If you or a partner are interested in joining a group of current and ex-Heber dads for some indoor net sessions then please drop me a line at mrpchborthwick@gmail.com

- No gear? Not a problem, we've plenty to go around.
- Not played for 20 years? The same went for most of us, so no worries on that front. The range of skills and experience across the group is VERY broad, so fear not.
- Can't travel? We've hired Alleyns' sports hall at 4.30pm most Saturdays, so it's just a short walk from the school.
- Prefer to come along with a mate who's not connected to Heber? No problem in the slightest. All are welcome.

If you're not sure, then you've nothing to lose as your first session is free and there is zero expectation that you'll be a fully functioning cricketer. I very nearly passed up a similar message 5 years ago and am massively grateful I didn't.

It's a very friendly bunch and a much more enjoyable way to get a bit of exercise vs running around the park in the rain 😊

Phil Borthwick - Dad of Connie in 4S, and Ted/Joe Borthwick who've now gone on to East Charter.

House Points	Rigal	Mycroft	Valdez	Ndume
				
This Week	479	485	488	480
Total	3434	3435	3436	3438



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February

Tuesday 27 th	Class Assembly – 6A (9:15am) Away match – Year 5 football, girls tournament vs Alleyn's (1:00pm-4:00pm) Year 6 – Climate Workshops in school
Wednesday 28 th	Class Assembly – 6F (9:15am)
Thursday 29 th	2H – Guildhall and Monument visit

March

Monday 4 th – Friday 8 th	Book Week
Tuesday 5 th	Class Assembly – 5G (9:15am)
Wednesday 6 th	Book Week dress up day – 'Bedtime Story Day'
Thursday 7 th	1C visiting the Postal Museum Year 6 SATs meeting (3:45pm)
Tuesday 12 th	Class Assembly – 5K (9:15am) Year 6 – Climate Workshops in school
Friday 15 th	School discos – after school
Tuesday 19 th	Class Assembly – 4S (9:15am) Year 5 – Junior Road Watch Year 6 – Climate Workshops in school Parents' Evening
Wednesday 20 th	4S – Parents' Evening
Thursday 21 st	1V visiting the Postal Museum Parents' Evening
Friday 22 nd	Year 2 Red carpet showcase for parents/carers Eco-Committee pre-loved clothes swap (3:30pm)
Tuesday 26 th	Class Assembly – 3W (9:15am) Year 6 – Climate Workshops in school
Wednesday 27 th	Last day of enrichment clubs
Thursday 28 th	P&F Easter Egg Hunt Last day of term – school finishes at 2:00pm

School Holiday Friday 29th March – Sunday 14th April

April

Monday 15 th – Friday 19 th	Years 3 and 4 swimming sessions at Alleyn's
Monday 22 nd – Wednesday 24 th	Year 5 School Journey
Tuesday 23 rd	Class Assembly – 4LC (9:15am) 3N – Kew Gardens 1V – Pond Dipping
Thursday 25 th	1C – Pond Dipping
Friday 26 th	Get Rid of and Donate collection (3:45pm)
Monday 29 th – Friday 3 rd	International Week (International Evening Friday 3 rd May)
Tuesday 30 th	Class Assembly – 2JP (9:15am)